



CARRYING THE MESSAGE

The Louisville Area Narcotics Anonymous Newsletter

Volume 5 || Issue 7 || July 2008

This Month's Topic is: "Freedom through Self Support"

LOUISVILLE HELPLINE
502-499-4423

AREA NEWS!!

Area Service Positions
OPEN for Nomination!!!!!!
RCMA : and many more

PI/Helpline subcommittee:
is in need of your support. We currently only have 2 women on the committee and are in need of more female volunteers to support the area. Give back what has so freely been given to you and serve your area helpline so that we can continue to carry the message that any addict can quit using, lose the desire to use, and find a new way to live.

Activities Sub-Committee:
Needs your support: Every Sat. 10a.m. Highland Methodist church, 1140 E. Cherokee Road. Contact Kathryn M. 889-0235

Schedule Correction:
Home Sweet Home meets on Sun. at 7:30pm and not at 6pm

New Location:
Cool Changes has moved to Interlink Counseling – 8311 Preston Hwy Lou, KY 40219

New Meeting:
The Next Right Thing group is meeting on Sat. from 6:30 – 8 pm at 501 Pearl St. New Albany Token Club

I am sure that most of you have heard of the catastrophic, record breaking flooding that is occurring in Iowa and other parts of the Midwest. In Cedar Rapids alone over 1,300 city blocks are flooded. I have spoken with friends in the fellowship who have lost virtually everything. Moreover, a number of home groups have lost their literature stocks and everything else. Other cities with horrible flooding include Des Moines, Waterloo (where the Iowa convention will be held July 4 weekend) and Iowa City.

After Katrina many members and local service bodies sent money and literature to the affected areas. Like then, our groups and members affected by the flooding need our help so they can continue to carry the message. The best way to help is by donating to the established service bodies. Please help.

Donations can be sent to:
Freedom and Serenity Area of NA
P.O. Box 2324
Cedar Rapids, IA 52405

Iowa Regional of NA
P.O. Box 5164
Des Moines, IA 50306-5164
www.iowa-na.org

Other parts of the Midwest, including Wisconsin have been hit hard. The Wisconsin Service Office will accept donations and use them to supply groups and areas with replacement literature, keytags and the like.

Wisconsin Regional Service Office
300 E. Custer
Oshkosh, WI 54901

<http://www.wisconsinna.org/wrso.htm>

Thanks and please pass the word.

ILS, Jimi S.

What Tradition 7 Means to Me:

(One addicts experience, strength and hope with self support)

Tradition Seven: "Every NA group ought to be fully self-supporting, declining outside contributions"

Much can be said of Tradition Seven and its spiritual protection of our Fellowship, our groups, and our personal recovery. This Tradition has given me many gifts. I hope to convey just how precious these gifts are to my life, which is my recovery.

Anonymity teaches me that we are all equal. This Tradition teaches me to give in whatever way I can to my group and to do so without seeking praise. It also helps me see that all voluntary contributions (whether money, coffee making, greeting newcomers, and setting up meeting space) are equal and equally important. Anonymity teaches that the group is self-supporting (not a few members supporting the group) when we all do our part and pitch in, we keep principles before personalities. In all that we do in Narcotics Anonymous, Unity is the practical foundation. We all work together with a common purpose to be self-supporting and stand on our own. As we look for ways to combine our individual resources and take care of ourselves, we grow closer to each other in a spirit of camaraderie and commitment to our home group.

Gratitude is developed within us when we find that our NA group can do for us what we cannot do for ourselves. This principle is an action and a motivator to serve. With our sense of

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7th Tradition Interview

Chris: What does it mean to be fully self supporting?

Anonymous: It means to me that donations from home group members and people that attend the meeting, goes to pay for all expenses. We never take anything from non-addicts and always compensate for any space we use or coffee, literature, or supplies we may need.

Chris: What is the connection between the 5th, 7th, and 9th Traditions?

Anonymous: For me, any resources that the group has, be it 7th Tradition funds or man power, first goes to carry the message. This includes making sure the door is open and there is literature on the table. Then what's left after the groups expenses should go on to contribute to the Area to carry a message in ways that the group cannot. It almost seems backward. We use the 7th Tradition to help fulfill our 5th Tradition and then after that our 9th Tradition. In a perfect NA world groups could see that link. Hiding behind their "autonomy" in the 4th Tradition to spend funds on parties; that could go to help carry the message affects NA as a whole. For more info see A Guide to Local Service.

Chris: Can you elaborate on how the 7th Tradition is about more than just supporting ourselves financially?

Anonymous: It's about freedom. It gives NA the ability to have our 3rd Tradition, "The only requirement...is a desire to stop using". We have all kinds of language and all kinds of people. Without the 7th Tradition our meeting places could dictate to us and that would be the end of Narcotics Anonymous.

Chris: Is there anything else that you would like to add?

Anonymous: No.

gratitude, we want to give back to NA what has been freely given to us. Responsibility is the spiritual principle that shows me what to do with this overwhelming appreciation I have for being clean and alive and a part of an NA group. It is this Seventh Tradition responsibility that tells me that it is my obligation as an NA member and a home group member to take an active role in my home group. That personal responsibility becomes collective responsibility when we all honestly give all we can to our group as home group members.

With fidelity to the simplicity of the Seventh Tradition and the simplicity of an NA group's actual needs, we learn to practice self-sacrifice and we find we do belong somewhere after all, at home. We trust our Ultimate Authority and put faith in our program, rather than accepting any outside contributions. As long as our group is adhering to the Twelve Traditions and our members are giving their fair share, we will never be tempted to fund-raise for our needs or accept any outside contributions. Our Higher Power will help us survive as groups to carry the message to the addict that still suffers by hosting recovery meetings. Our Identity, our message, and our integrity are strengthened by our NA group practicing self-support.

By practicing the spiritual principles of Tradition Seven, we free our groups of any outside entanglements. We do not owe anyone for a loan. No organization or individual expects us to compromise our Identity, our Principles, and ultimately, the lives of addicts, because we have taken no gifts. We are free to be members of NA, living the NA way, carrying the NA message, for addicts yet to come due to the power of the Seventh Tradition.

Watch your thoughts, they become words.
Watch your words, they become actions.
Watch your actions, they become habits.
Watch your habits, they become character
Watch your character, it becomes your destiny.

--Frank Outlaw

New Day:

Another Chance Group has a new meeting day on Sat. at 12 noon at the same location.

Sub Committee Moved:

H & I has Moved to 318 W. Kentucky St. in the Central Presbyterian Church. Still 3rd Wed. every month, still 6:30p – 7:30p

Needs Support:

Acceptance – Mon. 8p-9p CST
1370 Hwy 79 North Irvington, KY 40146 ‘Acceptance Place’
Alone No More – Wed. 11a-12 CST ‘McDaniels Community Center’ 10762 S. Hwy259 McDaniels, KY 40152
Return To Reality – Fri. 7p-8p CST. ‘County Annex’ 111 W 2nd St. Hardinsburg, KY 40143

Change:

Recovery today has moved to a new location, 4100 Beargrass Christian church, no affiliation, which is at the corner of Brown's lane & Shelbyville rd., inside room 201 upstairs.

Format Change:

The Noon meeting of *Vision of Hope*, located at 22nd & Muhammad Ali Blvd is now a Basic Text study meeting.

Change:

Wednesday Nite Hope that meets Wednesdays at Northside Christian on Charlestown Road in New Albany Indiana 7:30. Has has been moved from Room 106 in the church to the red brick building in parking lot in front of church. We have a lot of new comers come help us carry the message.

N.A. Conventions and Functions Far and Near

Aug. 9th 2008

Highland United Methodist Church
1140 E. Cherokee

Group Booklet Learning Day.

10:00 A.M.-4:00 P.M. Workshop
5:00 P.M.-6:30 P.M. Dinner
7:00 P.M.-8:00 P.M. Speaker
Dance, Foosball, Ping-pong, & Pool 8:00 P.M.

Aug. 16th

THE MENS HEALING PLACE
1000 W. MARKET ST.

STEP UP GROUP CELEBRATES 14 YEARS OF CARRYING THE MESSAGE!!!: SATURDAY JAMMIN SPEAKER JAM 1:30 - 5:30

REGULAR MEETING 8:00 - 9:00 FREE DANCE 9:30 - MIDNIGHT
HIP HOP...POP...OLD SCHOOL...ROCK..SLIDES COMON DOWN AND BOOGIE NIGEL...812-406-7737

Oct-Nov 31st – 2nd, 2008

Ramada Conference Center of Lexington
2143 N Broadway, Lexington, KY 40505
(Exit 113 I-64 & I-75)

BARCNA III:

NA Dance, auction, workshops, main speaker meetings. NO Addict Turned Away! Pre-Register: before July 1st - \$15; \$ 20 after.
Chairperson . . Chery M.....859-223-4820
Registration . . Bridgette T.....859-230-1733
Reservations: 859-299-1261
Speaker Requirements: Main Speaker = 5 Years Clean; Workshop = 3 Years; Workshop Chair = 1 Year. Send tapes to BARCNA III, P.O. Box 1795, Lexington, KY 40588 ATTN of Programming Committee
Rooms: \$69.99 /night (Refer to BARCNA III)

H & I

2008 Calendar

318 West Kentucky St. – ‘Central Pres. Church’ @ 6:30 p.m.

Jan. 16 th	Feb. 20 th	March 19 th
April 16 th	May 21 st	June 18 th
July 16 th	Aug. 20 th	Sept. 17 th
Oct. 15 th	Nov. 19 th	Dec. 17 th

Get Involved! Good way to start service.

Will bring a meeting to YOU! If you're in a hospital or shut in and can't get

to one. Contact Cordelia or Heather

Chair – Cordelia B - 889-8119

Secretary - Heather W. – 365-0246

'CARRYING THE MESSAGE'

Contact the Newsletter
Subcommittee:
IN PERSON/BY PHONE

Nathaniel R. 502-296-4974
Mike C. 502-772-3336

Our Subcommittee meets every
Call Nathaniel for meeting time
and place.

EMAIL

newsletter@NALouisville.org

We're on the Web!

See us at www.nalouisville.org
Download Your Favorite Issues
Just go to
(menu bar) N.A. Louisville >
Subcommittees >
Newsletter
and click on
"Carrying the Message"

ASC MEETING

**The First Sunday of Every
Month At 3pm**

1722 Bardstown Road



THIS IS YOUR NEWSLETTER!! YOUR SUBMISSIONS MAKE IT HAPPEN!!

When submitting, please remember space can be limited and submissions should be sent in by
July 25th

You can email submissions to newsletter@NALouisville.org or call and we will make arrangements
to pick it up. Any addict with a day clean and some willingness can contribute!

◆ JULYS TOPIC OF THE MONTH ◆ **"The Importance of Our Identity"**

Cleaniversaries

If you would like your Cleaniversary listed here: Contact us by phone - Contact us by email - Submit by GSR at ASC Meeting -
Submit by home group report at ASC: We list this month's Cleaniversaries as well as the last 15 days of the previous month
and the first 15 days of the next month.

We apologize for any Cleaniversary that we forget, or misprint!

Bob A.	June 16 th	2 Years	How It Works
Barry L.	June 16 th	1 Year	Why Are We Here
Laura H.	June 16 th	3 Years	Serenity Group
Yolanda C.	June 16 th	5 Years	Against All Odds
Catherine T.	June 18 th	2 Years	Unity of Hope
Jennifer M.	June 20 th	4 Years	How It Works
Charlotte B.	June 23 rd	3 Years	Why Are We Here
Daryl M.	June 23 rd	20 Years	Serenity Group
Toni C.	June 23 rd	7 Years	Against All Odds
Karen H.	June 24 th	11 Years	Gratefully Dedicated
Leonard C.	June 24 th	3 Years	We Too Recover
Kieth P.	June 25 th	1 Year	Caring Thru Sharing
Crystal C.	June 28 th	8 Years	Lose The Desire
Robbie L.	June 28 th	1 Year	Take it Easy
Robbie S.	July 1 st	8 Years	Sweet Surrender
Rick H.	July 2 nd	3 Years	How It Works
Steve H.	July 2 nd	11 Years	How It Works
Jenn R.	July 7 th	1 Year	How It Works
Vickie C.	July 8 th	6 Years	We Too Recover
Jen R.	July 9 th	1 Year	How it Works
Jana W.	July 11 th	5 Years	How It Works
Theresa M.	July 12 th	1 Year	Serenity
Scott H.	July 14 th	1 Year	The NA Meeting
Theresa M.	July 14 th	1 Year	Serenity Group
Debbie W.	July 15 th	6 Years	We Too Recover
Mike P.	July 16 th	21Years	How It Works
Steve O.	July 17 th	3 Years	Sweet Surrender
Don S.	July 21 st	11 Years	The NA Meeting
Mark S.	July 23 rd	21 Years	How It Works
Joe A.	July 28 th	7 Years	Against All Odds
Tiffany H.	July 28 th	5 Years	The NA Meeting

The views expressed in this newsletter are those of the authors and do not necessarily represent, and should not be
attributed to, the Newsletter Subcommittee or Narcotics Anonymous as a whole.