



# CARRYING THE MESSAGE

The Louisville Area Narcotics Anonymous Newsletter

Volume 5 || Issue 8 || August 2008

This Month's Topic is: *"The Importance of Our Identity"*

LOUISVILLE HELPLINE  
**502-499-4423**

## **AREA NEWS!!**

Area Service Positions  
OPEN for Nomination!!!!!!  
RCMA & Activities

**PI/Helpline subcommittee:**  
is in need of your support. We currently only have 2 women on the committee and are in need of more female volunteers to support the area. Give back what has so freely been given to you and serve your area helpline so that we can continue to carry the message that any addict can quit using, lose the desire to use, and find a new way to live.

**Activities Sub-Committee:**  
Needs your support: Every Sat. 10a.m. Highland Methodist church, 1140 E. Cherokee Road. Contact Kathryn M. 889-0235

**Schedule Correction:**  
Home Sweet Home meets on Sun. at 7:30pm and not at 6pm

**New Location:**  
Cool Changes has moved to Interlink Counseling – 8311 Preston Hwy Lou, KY 40219

**New Meeting:**  
The Next Right Thing group is meeting on Sat. from 6:30 – 8 pm at 501 Pearl St. New Albany Token Club

### **TRADITION EIGHT**

"Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."

The Eighth Tradition is vital to the stability of N.A. as a whole. In order to understand this Tradition we need to define "non-professional service centers" and "special workers". With an understanding of these terms, this important Tradition is self-explanatory. In this Tradition we say we have no professionals. By this, we mean we have no staff psychiatrists, doctors, lawyers, counselors, etc. Our program works by one addict helping another. By employing professionals in N.A., we would destroy our unity. We are simply addicts of equal status freely helping one another. We recognize and admire the professionals. Many of our members are professionals in their own right. It is just that there is no room for professionalism in N.A. A service center is defined as a place where N.A. service committees operate. The World Service Office or local regional and area offices are examples of service centers. A clubhouse or halfway house, or similar facility, is not an N.A. service center and is not affiliated with N.A. A service center is, very simply, a place where N.A. services are offered on a

continuing basis. "Service centers may employ special workers." This statement means that service centers may employ workers for special skills such as phone answering, clerical work, or printing. Such employees are directly responsible to a service committee. As N.A. grows, the demand for these workers will grow. Special workers are necessary to insure efficiency in an ever-expanding fellowship. The difference between professionals and special workers should be defined for clarity. Professionals work in specific professions which do not direct services of N.A., but are for personal gain. Professionals do not follow N.A. Traditions. Our special workers, on the other hand, work within our Traditions and are directly responsible always to those they serve, to the fellowship. In regards to our Eighth Tradition, we do not single out our members as "professional"; by not placing professional status on any member, we insure that we remain "forever non- professional".

### **TWELVE STEPS OF A SPONSOR**

1. I will not help you stay and wallow in limbo today.
2. I will help you grow, to become more productive by your own definition.
3. I will help you become more autonomous, more loving of yourself, more free to continue becoming the authority of your own living.

## Tradition Eight

Keeping our services non-professional helps us prevent conflicts between paid and unpaid workers. Without clearly understanding the conflicts we build into our service effort if we allow our special workers to control portions of our group conscience process, we will unwittingly subject our fellowship to misleading and unreliable information. Our ability to think clearly, discuss fully and collect enough general information to make an informed decision through spiritual deliberation can be defeated. A spiritual person does not put a bag over their head.

The Eighth Tradition as it applies to our groups very simple. Our groups are non-professional, PERIOD. Ideally, service in our groups should result from the spiritual awakening our Steps bring us. Our Text says, "Proper service is doing the right thing for the right reason." Personal motivation is a factor in why we have an Eighth Tradition.

Applying this tradition to our service boards and committees has been more difficult. We agree that special workers being used to answer phones, maintain correspondence, do clerical work, print, warehouse and ship literature is within the terms of the Eighth Tradition and must be paid for our Seventh Tradition to be working, but what about editing and writing literature? Doing Public Information, Hospital and Institution work, etc? Should paid workers travel and assist in the development of NA in other areas? These are questions that have arisen in regard to the Eighth Tradition. We need to look at the concept of "special workers" in light of our Steps and Traditions. While we may employ people to do day to day tasks in our service centers, 12th Step work or "carrying the message" should result from our gratitude and spiritual awakening, not from desire for personal gain. Our motivations are important. We only keep what we have by giving it away. The strength of our message is as much in the giver as the message itself. It is spiritual and this tradition helps us to divide the spiritual from the material. The Eighth Tradition can keep us from sacrificing our spiritual principles for the sake of material efficiency.

4. I cannot give you dreams or "fix you up", simply because I cannot
5. I cannot give you growth, or grow for you .YOU MUST GROW YOURSELF; BY FACING REALITY, GRIM AS IT MAY BE AT TIMES.
6. I cannot take away your loneliness or pain.
7. I cannot sense your world for you, evaluate your goal today or the next day, or tell you what is best for you in world, you have your own world
8. I cannot convince you of the crucial choice of choosing the uncertainty of growing over the safe misery of not growing
9. I want to be with you and know you as a rich and growing friend, yet I cannot get close to you when you choose not to.
10. When I begin to care for you of pity, when I begin to lose trust in you then I am toxic, bad and inhibiting for you and you for me.
11. You must know, my help is conditional, I will be with you, hang in there with you, as long as I continue to get even the slightest hints that you are trying to grow.
12. If you can accept all of this, then perhaps we can help each other to become what our higher power meant us to be, mature adults, leaving childishness forever to little children. "Great Recovery Today"

Anonymous  
See you around the rooms  
Please keep coming back  
We all need you

# N.A. Conventions and Functions Far and Near

**New Day:**

Another Chance Group has a new meeting day on Sat. at 12 noon at the same location.

**Sub Committee Moved:**

H & I has Moved to 318 W. Kentucky St. in the Central Presbyterian Church. Still 3<sup>rd</sup> Wed. every month, still 6:30p – 7:30p

**Needs Support:**

Acceptance – Mon. 8p-9p CST  
1370 Hwy 79 North Irvington, KY 40146 'Acceptance Place'  
Alone No More – Wed. 11a-12 CST 'McDaniels Community Center' 10762 S. Hwy259 McDaniels, KY 40152  
Return To Reality – Fri. 7p-8p CST. 'County Annex' 111 W 2<sup>nd</sup> St. Hardinsburg, KY 40143

**Change:**

Recovery today has moved to a new location, 4100 Beargrass Christian church, no affiliation, which is at the corner of Brown's lane & Shelbyville rd., inside room 201 upstairs.

**Format Change:**

The Noon meeting of *Vision of Hope*, located at 22<sup>nd</sup> & Muhammad Ali Blvd is now a Basic Text study meeting.

**Change:**

*Wednesday Nite Hope* that meets Wednesdays at Northside Christian on Charlestown Road in New Albany Indiana 7:30. Has been moved from Room 106 in the church to the red brick building in parking lot in front of church. We have a lot of new comers come help us carry the message.

**Aug. 16<sup>th</sup>**  
THE MENS HEALING PLACE  
1000 W. MARKET ST.

**STEP UP GROUP CELEBRATES 14 YEARS OF CARRYING THE MESSAGE!!!: SATURDAY JAMMIN SPEAKER JAM 1:30 - 5:30**  
REGULAR MEETING 8:00 - 9:00 FREE DANCE 9:30 - MIDNIGHT  
HIP HOP...POP...OLD SCHOOL...ROCK...SLIDES COMON DOWN AND BOOGIE NIGEL...812-406-7737

**August 23<sup>rd</sup>, 2008**  
Central Presbyterian Church  
318 West Kentucky St.

**Public Information / Helpline Learning Day:**  
Out of town speakers, Mock Phone Presentations, 50/50 Raffle, Give-Aways; Gas, Movie, and Dinner gift Cards. FREE Food, fellowship and fun

**September 13<sup>th</sup>, 2008**  
Central Presbyterian Church  
318 West Kentucky St.

**Hospitals & Institutions Learning Day:**  
Noon till 8:00 p.m.  
Contact Cordelia B. – Chair – 889-8119

**Oct-Nov 31<sup>st</sup> – 2<sup>nd</sup>, 2008**  
Ramada Conference Center of Lexington  
2143 N Broadway, Lexington, KY 40505  
(Exit 113 I-64 & I-75)

**BARCNA III:**  
NA Dance, auction, workshops, main speaker meetings. NO Addict Turned Away! [Pre-Register](#): before July 1<sup>st</sup> - \$15; \$ 20 after.  
Chairperson . . Chery M.....859-223-4820  
Registration . . Bridgette T.....859-230-1733  
Reservations: 859-299-1261  
Speaker Requirements: Main Speaker = 5 Years Clean; Workshop = 3 Years; Workshop Chair = 1 Year. Send tapes to BARCNA III, P.O. Box 1795, Lexington, KY 40588 ATTN of Programming Committee  
Rooms: \$69.99 /night (Refer to BARCNA III)

**H & I**

2008 Calendar

318 West Kentucky St. – 'Central Pres. Church' @ 6:30 p.m.

Jan. 16 <sup>th</sup>	Feb. 20 <sup>th</sup>	March 19 <sup>th</sup>
April 16 <sup>th</sup>	May 21 <sup>st</sup>	June 18 <sup>th</sup>
July 16 <sup>th</sup>	<u>Aug. 20<sup>th</sup></u>	Sept. 17 <sup>th</sup>
Oct. 15 <sup>th</sup>	Nov. 19 <sup>th</sup>	Dec. 17 <sup>th</sup>

**Get Involved! Good way to start service.**

**Will bring a meeting to YOU! If you're in a hospital or shut in and can't get**

**to one.** Contact Cordelia or Heather

Chair – Cordelia B - 889-8119

Secretary - Heather W. – 365-0246

# 'CARRYING THE MESSAGE'

Contact the Newsletter  
Subcommittee:  
**IN PERSON/BY PHONE**

Nathaniel R. 502-296-4974  
Mike C. 502-772-3336

Our Subcommittee meets every  
Call Nathaniel for meeting time  
and place.

## EMAIL

[newsletter@NALouisville.org](mailto:newsletter@NALouisville.org)

## We're on the Web!

See us at [www.nalouisville.org](http://www.nalouisville.org)  
Download Your Favorite Issues  
Just go to  
(menu bar) N.A. Louisville >  
Subcommittees >  
Newsletter  
and click on  
**"Carrying the Message"**

## ASC MEETING

**The First Sunday of Every  
Month At 3pm**

**1722 Bardstown Road**



# THIS IS YOUR NEWSLETTER!! YOUR SUBMISSIONS MAKE IT HAPPEN!!

When submitting, please remember space can be limited and submissions should be sent in by  
**August 25<sup>th</sup>**

You can email submissions to [newsletter@NALouisville.org](mailto:newsletter@NALouisville.org) or call and we will make arrangements  
to pick it up. Any addict with a day clean and some willingness can contribute!

## ◆ SEPTEMBERS TOPIC OF THE MONTH ◆

**"those they serve"**

## Cleaniversaries

If you would like your Cleaniversary listed here: Contact us by phone - Contact us by email - Submit by GSR at ASC Meeting -  
Submit by home group report at ASC: We list this month's Cleaniversaries as well as the last 15 days of the previous month  
and the first 15 days of the next month.

We apologize for any Cleaniversary that we forget, or misprint!

Debbie W.	July 15 <sup>th</sup>	6 Years	We Too Recover
Mike P.	July 16 <sup>th</sup>	21Years	How It Works
Steve O.	July 17 <sup>th</sup>	3 Years	Sweet Surrender
Carma	July 18 <sup>th</sup>	6 Years	Out Of Control
Kenny B.	July 18 <sup>th</sup>	14 Years	Serenity on Sunday
Bobby e.	July 19 <sup>th</sup>	7 Years	It's Ok To Be Me
Don S.	July 21 <sup>st</sup>	11 Years	The NA Meeting
Mark S.	July 23 <sup>rd</sup>	21 Years	How It Works
Julian G.	July 24 <sup>th</sup>	1 Year	Enough Is Enough
Kevin T.	July 25 <sup>th</sup>	1 Year	Caring Thru Sharing
Wardell	July 25 <sup>th</sup>	7 Years	Out Of Control
Jeff S.	July 26 <sup>th</sup>	12 Years	Lose The Desire
Keith M.	July 26 <sup>th</sup>	12 Years	Another Chance
Dawn	July 27 <sup>th</sup>	1 Year	Highland Peace
Lee Z.	July 27 <sup>th</sup>	4 Years	Caring Thru Sharing
Monty W.	July 27 <sup>th</sup>	3 Years	Another Chance
Joe A.	July 28 <sup>th</sup>	8 Years	Against All Odds
Tiffany H.	July 28 <sup>th</sup>	5 Years	The NA Meeting
Lee Z.	July 29 <sup>th</sup>	4 Years	Caring Thru Sharing
Carl M.	August 4 <sup>th</sup>	16 Years	Point of Freedom
Anthony T.	August 6 <sup>th</sup>	1 Year	Step Up Group
Kelly C.	August 7 <sup>th</sup>	3 Years	Never Alone
Wanda T.	August 8 <sup>th</sup>	15 Years	The Stopping Point
David D.	August 12 <sup>th</sup>	1 Year	Caring Thru Sharing
Ticonda S.	August 12 <sup>th</sup>	11 Years	Gratefully Dedicated
Dustin H.	August 13 <sup>th</sup>	1 Year	Caring Thru Sharing
Shawn M.	August 15 <sup>th</sup>	1 Year	Give It Up
Rain A.	August 19 <sup>th</sup>	21 Years	Womenspirit
Paul H.	August 21 <sup>st</sup>	1 Year	Day By Day
Charlie R.	August 22 <sup>nd</sup>	21 Years	Highland Peace
Shay H.	August 25 <sup>th</sup>	6 Years	Why Are We Here
Scott C.	August 26 <sup>th</sup>	1 Year	We Too Recover
Robin Y.	August 27 <sup>th</sup>	2 Years	Step Up Group
Staci C.	August 29 <sup>th</sup>	12 Years	Miracle On 32 <sup>nd</sup> Street
Wayne G.	August 29 <sup>th</sup>	22 Years	Highland Peace
Shawneequa B.	September 2 <sup>nd</sup>	7 Years	Gratefully Dedicated
Barbara K.	September 3 <sup>rd</sup>	3 Years	Step Up Group
Eudora D.	September 4 <sup>th</sup>	13 Years	Gratefully Dedicated
Hurchel P.	September 19 <sup>th</sup>	3 Years	The Stopping Point

The views expressed in this newsletter are those of the authors and do not necessarily represent, and should not be attributed to, the Newsletter Subcommittee or Narcotics Anonymous as a whole.